



THE CAMDEN COUNTY 4-H CLOVER JOURNAL

June 2009

Volume 1, Issue 1

2009 4-H Events:

- **Camden County 4-H Fair July 31-August 2, 2009**
- **The Haunting October 23-24, 2009**
- **4-H Pumpkin Patch October 24, 2009**
- **4-H Rabbit Bowl December 5, 2009**
- **Complete 4-H Calendar on Pages 8 & 9**

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County 4-H Agent News & Notes

Fairtime is Right Around the Corner!

By Sharon Kinsey, Camden County 4-H Agent

Welcome to the first edition of the Camden County 4-H Clover Journal! I am pleased to share recent news and information about Camden County 4-H happenings. Look for your newsletter on a quarterly basis and please remember to share your club news with the county 4-H office.

The biggest event coming up is the annual Camden County 4-H Fair scheduled for July 31-Aug. 2 at the Camden County 4-H Fairgrounds in Blackwood. This is the perfect time to come out to the fair and showcase your 4-H project and all of your special talents. Don't forget to review the enclosed fair exhibit book to see which classes you want to enter. And as you work on getting your record book in order, check out the tips on page 3 for updating your record book.

I look forward to sharing in all of your accomplishments and enjoying a fabulous fair with the Camden County 4-H Family. See you there!

Camden County 4-Her Wins Excellent Rating at State 4-H Public Presentations

10th grader Neeta Patel, a member of the Together We Sew 4-H Club, took her county 4-H public presentation on French Culture and Cuisine to State 4-H Public Presentations on June 6, held at Rutgers University in New Brunswick, NJ.



We are very proud to announce that Neeta took first place in her competition room, winning an excellent rating, and was one of just 19 4-H members statewide to achieve this recognition.

Neeta is also serving as the 2008-09 Camden County 4-H Senior 4-H Ambassador. Congratulations Neeta!



Camden County 4-H Fair Corner

July 31—August 2, 2009

4-H staff, members, leaders, and volunteers are busy getting ready for the annual Camden County 4-H Fair at the Camden County 4-H Fairgrounds in Lakeland, Blackwood. We are looking forward to welcoming new friends and welcoming old friends back for three days of animal shows, demonstrations, entertainment and fun!

The exhibit tent is a great way to display your talents. There is a category for everyone from gardening and conservation to fine arts, wildlife and sewing. 4-H members, including 4-H Prep members, volunteers and the general public are invited to participate. There are four age categories, including: Prep (K-3rd grade); Junior (4-8th grade); Senior (9-13th grade); and Adult. Check the enclosed exhibit book for important information regarding exhibitor rules, exhibit categories, and specifics on each entry. Entries can be dropped off at the fairgrounds on Thursday, July 30 from 5:00-8:00 pm or Friday, July 31 from 9:00-11:00 am.

Other highlights of this year's fair include a horse show, pony rides, equine demonstrations, rides by Johnson's Fun Factory, a 4-H Alumni Reunion, musical entertainment such as vocalist Michael Jones, food, children's games led by our 4-H members, and much more.

We can't wait to see you there! Call the county 4-H office for questions or additional information at 856-566-2900 and visit our website at www.camdencounty4h.com for updates.

**“Real generosity toward
the future lies in giving all
to the present.”**
-Albert Camus

4-H Leaders and Parents: Guiding Goals

Record keeping is an integral 4-H initiative. Geared to motivate young people to develop strong life skills, record books help them set reasonable goals and provide solid learning opportunities. With your help, members can actualize their dreams by setting goals and understanding the results. Here are simple, effective tips to help members make their record keeping a top priority:

- Encourage them to record accomplishments as they occur
- Provide tools for keeping records
- Make record keeping or journaling part of every 4-H meeting
- Set aside time to assist with putting record books together.

* Material from
Ohio State
University Extension
4-H Youth Development

Getting Ready for the Fair: Keeping Up the Books

As fair time approaches, each of us has a particular routine for getting ready. There is one thing every member will be doing: spending time updating their record book which is no small task. Many awards, educational trips, and college scholarships are given to club members on the basis of their records and project work.



The important thing is to learn something, even if you learned there are things you didn't like about your project. It is important to be honest, and you can use these experiences to build a better, future project.

Your record book is not just for facts and figures. It is a place to illustrate your achievements by recording your personal story, including photographs of your projects, newspaper clippings, and awards or medals received. Below are some great tips for making your best record book even better!

The "H Factor": Including the Hs in your 4-H Story

Including your personal account of projects is a truly enjoyable part of the record keeping process. When writing your creative pieces, always remember to include the "H factor." The H factor is our Head, Heart, Hands and Health. Reflect on these four questions before you write your personal story.

Head = independence: What was something new you learned?

Heart = belonging: How did you show caring of others?

Hands = generosity: Did you work with others? How?

Health = mastery: What accomplishments are you proud of?

Answer these four questions within your 4-H story and you'll have the H factor!



Focus on Life Skills



Life skills are positive habits learned through practice that help us achieve our goals in life.

Through participation in 4-H, we can practice and learn many different life skills. See if you can match each life skill on the right to one of the 4 essential 4-H elements on the left.



Sense of Belonging	<input type="checkbox"/> Shear a sheep
Mastery of Skill	<input type="checkbox"/> Decide on your own
Independence	<input type="checkbox"/> Clean up at a park
Generosity	<input type="checkbox"/> Join a committee
	<input type="checkbox"/> Listen and share
	<input type="checkbox"/> Present a talk
	<input type="checkbox"/> Sew on a button

For more information about the 4-H Essential Elements visit the National 4-H Headquarters website at: http://www.national4-hheadquarters.gov/about/4h_elements.htm

Answer Key:
Sense of Belonging- Join a committee, Listen and share.
Mastery of Skill- Shear a sheep, Sew on a button.
Independence- Decide on your own, Present a talk.
Generosity -Clean up at a park.

Camden County 4-H Club Happenings



Camden Mighty Kid's Club Recycling Challenge

A big "Congratulations!" to Tyese Blackman, a member of Camden's Mighty Kids 4-H Prep Club, who recently won the Mighty Kid's Recycling Challenge. To prepare for the April 25th Cramer Hill Clean-Up, the Mighty Kids competed with each other to see who could bring in the most cans and bottles over three weeks. Tyese, pictured above, was the winner with over 75 items to be recycled. He won the board game "Sorry." Thank you to all the Mighty Kids for their recycling efforts and for their great job helping keep their neighborhood and our planet clean!

"It is one of the most beautiful compensations of life, that no man can sincerely try to help another without helping himself."

-Ralph Waldo Emerson

Hoofbeats 4-H Club Game Show

The Hoofbeats Club held a game show on Saturday, May 23 at the Camden County 4-H Equine Center. Results of the show are as follows:

<u>Junior Division</u>	<u>Senior Division</u>	<u>Adult</u>
Bowtie Race – 1 st Victoria Caniglia	1 st Alyssa Caglianone	1 st Sheri Lamplugh
Keyhole Race – 1 st Victoria Caniglia	1 st Shawna Stewart	1 st Sheri Lamplugh
Potato Race – 1 st Erika Pleczynski	1 st Shawna Stewart	1 st Sheri Lamplugh
Heart Combo - 1 st Victoria Caniglia	1 st Shawna Stewart	1 st Carol Pleczynski
Pole Bending - 1 st Victoria Caniglia	1 st Alyssa Caglianone	1 st Carol Pleczynski
Barrel Race - 1 st Victoria Caniglia	1 st Alyssa Caglianone	1 st Sheri Lamplugh

Congratulations to all!

Contribute to the Camden County 4-H Clover Journal

We want our newsletter to be the best, and we need your help to accomplish that! All 4-H clubs and 4-H members are encouraged to submit photos and written information about club activities. If your club has a club reporter, have them talk with club members and leaders at the next meeting to decide what event or activity would be good to highlight.

When submitting an item to the newsletter, be sure to include relevant information—often times the basics— Who? What? When? Where? Why? When submitting high quality digital photos think about how the picture can help tell a story. Photos of 4-H members working on their projects are one example of how the 4-H story can be shared.

For the next issue, please submit information by August 15 to Sharon Kinsey, Camden County 4-H Agent, at kinsey@aesop.rutgers.edu We will do our best to include your submissions.

New 4-H Cloverbud Policy for Youth in K-3rd grade

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As of September 1, 2009, the New Jersey 4-H Prep Program will become the New Jersey 4-H Cloverbud Program. The 4-H Cloverbud Program is designed to provide K-3 youth with age-appropriate experiential learning activities in a small club setting.

These youth may be registered members of a 4-H Cloverbud club or in a standard club with assigned, registered volunteers trained in the 4-H Cloverbud philosophy and curriculum. This program, in the tradition of the 4-H Prep Program, will remain non-competitive. The 4-H Cloverbud Program is a nationally recognized program for younger 4-H members. If 4-H club leaders have any questions, please contact the county 4-H office at 856-566-2900.



Looking for fun, adventure and making new friends this summer? **The Lindley G. Cook 4-H Youth Center for Outdoor Education** kicks off its summer camp program June 30th with its SET camp.

June 30th– July 2nd 5th-8th graders will learn SET initiatives through subject areas ranging from designing a super coaster to forest and coastal ecology. Six session workshops close with a science fair the last day of camp. Then six themed, fun-filled week-long camp sessions offer experiences that will last a lifetime! All sessions begin Sunday late afternoon with registration, and end Saturday morning with a closing ceremony.

Session One: July 5 – July 11 : Life on the Farm: County Fair on Friday

Session Two: July 12 – July 18 : Color Wars: The Olympic Games come to Sussex County

Session Three: July 19 – July 25 : Pirates of Lake Shawanni: a 4-way Capture the Flag style team game.

Session Four: July 26 – August 1 : Camp Chaos: 100% chaotic and guaranteed fun.

Session Five: August 2 – August 8 : Color Wars

Session Six: August 9 – August 15: Pirates of Lake Shawanni

For more information, rates, registration requirements and forms visit: <http://www.nj4hcamp.rutgers.edu/index.html> or call (973) 948-3550. Discounts available to returning campers, multiple family, and 4-H members.

Camden County 4-H Public Presentations

A big "Thank you!" to all the participants in this year's Camden County 4-H Public Presentations. The participants spanned 1st-11th grades, and each demonstrated their talent for public speaking. Camden County 4-H members showed their wide range of interests by sharing information on topics such as the characteristics and habits of red snapper turtles, why bats sleep upside down, and Appaloosas to discussing the history of Seeing Eye dogs and the important points of Rabbit Showmanship. Other participants focused on French culture, health and nutrition, the horse racing industry, model horses, playing the flute, and literature. Thanks to our judges Tracy Connell and Angel Martin. Congratulations to all!

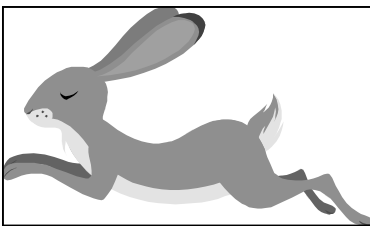
2009 4-H Camden County Presentations Results

Excellent Rating (Score of 90-100)

<u>4-H Member</u>	<u>Grade</u>	<u>4-H Club</u>	<u>Title of Presentation</u>
Caroline Rockhill	1	Hoofbeats	Grooming a Horse
Kayla Rockhill	4	Hoofbeats	Characteristics of Appaloosas
Kaitlyn Karpowicz	4	Pierson's Taekwondo	Why Bats Sleep Upside Down
Sarah French	4	Painted Ponies/HB	The History of Model Horses
Andrea Paleos	4	A Horse of Course	The Life of Red Snapper Turtles
Beth Gray	6	Together We Sew, Yearlings	Rabbit Showmanship
Jackie Gicker	6	Painted Ponies	J.K. Rowling
Maddie Fee	7	Yearlings	The History of the Seeing Eye
Lori Campbell	7	Hoofbeats	The Flute
Alison Campbell	9	Hoofbeats	The Racing Industry
Jennifer O'Neill	9	Hoofbeats	Get Moving, Get Healthy
Neeta Patel	10	Together We Sew	French Culture and Cuisine
Fallon Duffy	11	Hoofbeats	Horseshow Clothes



Rabbit and Small Animal Bowl Coming This December



Curious to see how much you know about caring for your rabbit? Interested in learning more about the subject and care of other small animals? Well now is your chance!

On December 5, 2009, Camden County 4-H will hold the first Rabbit and Small Animal Quiz Bowl. The location will be announced this summer.

This contest is open to 4th-12th grade members with an opportunity for K-3rd grade members to participate on Cloverbud teams. For more information about this exciting event, contact Monica Gray at momica@verizon.net

Ready, SET, Go!

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By Angie Waddington Camden County 4-H SET Program Assistant

Ready, SET, Go - 4-H has long been a vehicle for youth to explore the world around them. Imagine getting the opportunity to build your own rollercoaster with the simplest of materials like foam insulation and masking tape or a rubber band powered car using rubber bands and plastic plates! Over the past year, Camden County 4-H has ventured out into the community and conducted science, engineering and technology programs with youth to further spark an interest in these fields.

In fact, Science, Engineering and Technology (SET) programming is a national priority of the 4-H Youth Development Council for the next five years. The role of 4-H SET is to develop scientific literacy in youth in a non-formal setting by using personal experience to connect to the subject through hands-on experimentation.

Camden County is one of four sites around New Jersey doing just that and is part of the three year Rutgers Community Enhancement Grant, which also includes Mercer County, Bergen County and Passaic County. Using curriculum developed by the Education Development Center, Inc. called Design It! and Explore It!, youth have taken part in many exciting hands-on projects.

More than 62 hours of science programming was conducted during the 2008-09 school year in afterschool programs in Camden at St. Joseph's School, the RPM Development Community Center, and the Charles Sumner Elementary School.

Programs have included: building your own roller coaster in Balls and Tracks or building a car in Rubber Band Powered Cars using rubber bands to cover a distance of 20 feet in a straight line. The students who took part in Paper Bridges were shocked that they could fold or roll paper, and make a bridge strong enough to hold 400 steel washers using only six sheets of paper and a small amount of tape! (Cont'd on Page 8)



Club Meeting Locations	Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5	6
<ul style="list-style-type: none"> • Pierson's Tae Kwondo – 4-H Fair Grounds • Hoof Beats – Camden County Library, Winslow • Camden's Mighty Kid's – Virtua Hospital, Camden • Sturbridge Explorers 4-H Prep – Sturbridge Clubhouse, Voorhees • Yearlings, Together We Sew, Leaders' Association, A Horse of Course; Painted Ponies, My Eyes 4 You – Camden County Extension Office, Clementon <p>All meetings are at 7 pm, unless noted.</p>	7	8 Pierson's TaeKwondo 6pm	9 Painted Ponies	10	11 Pierson's TaeKwondo 6pm	12 My Eyes 4 You; Hoofbeats	13
	14	15 Teen Council; Pierson's TaeKwondo 6pm	16	17 Leaders' Association Mtg.	18 Pierson's TaeKwondo 6pm	19	20
	21	22 Pierson's TaeKwondo 6pm	23	24	25 Pierson's TaeKwondo 6pm; A Horse of Course	26	27 Camden's Mighty Kids 3 pm
	28	29 Teen Council; Pierson's Tae Kwondo 6pm	30				

Ready, SET, Go! (Cont'd from Page 7)

During spring break the children at RPM Community Center were able to develop their own soda recipes at the Soda Science Camp. They also completed a survey of their sodas to see which soda samplings looked and tasted the best. Students in Grades 4 and 5 also learned how simple electrical circuits work, and completed a 2-D house with four rooms that light up in the Wire the House challenge.

The programming at Sumner Elementary ended in a science fair presentation to parents on June 8, with programming reaching more than 100 children in grades 2-5.

Overall, SET programming has reached nearly 200 students in Camden County's 4-H Youth Development SET Programming, which is sparking an interest in science, engineering and technology in ways that bring these sometimes complex fields into perspective for youth through fun, interactive, hands-on challenges. In fact, one child commented she didn't think science could be this fun!



July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Yearlings	2 Pierson's TaeKwondo	3 Holiday-- Office Closed; Together We Sew; Sturbridge Explorers Prep	4
5	6 Pierson's TaeKwondo 6 pm	7 Painted Ponies	8	9 Pierson's TaeKwondo 6 pm	10 My Eyes 4 You HoofBeats Club Mtg.	11
12	13 Teen Council; Pierson's Tae Kwondo 6 pm	14	15 Leaders' Asso- ciation Mtg. ; Audi- tions for Fair	16 Pierson's TaeKwondo 6 pm; A Horse of Course	17	18 Camden's Mighty Kids Club 5pm
19	20	21	22	23	24	25
26	27 Teen Council	28	29	30	31 Camden County Fair Opens 5 pm!	

August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Camden County Fair
2 Camden County Fair	3	4 Painted Ponies	5 Yearlings	6	7 Together We Sew; Sturbridge Explorers	8
9	10 Teen Council	11	12	13	14 My Eyes 4 You; HoofBeats Club Mtg.	15 Camden's Mighty Kids 5pm
16	17	18	19 Leaders' Asso- ciation Mtg. 7 pm	20 A Horse of Course	21	22
23	24 Teen Council	25	26	27	28	29
30	31					

Camden County 4-H Youth Development Program

Rutgers Cooperative Extension of Camden County

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www.camdencounty4h.com

****Look for a copy of this newsletter online! ****

Camden County 4-H Staff:

Sharon Kinsey, Camden County 4-H Agent

Gerry Leonarski, Camden County 4-H Program Assistant

Angie Waddington, Camden County 4-H SET Program Assistant

Maggie McCann, Camden County 4-H CYFAR Program Assistant

4-H

MISSION MANDATES:

Science, Engineering and
Technology (SET)

Healthy Living

Citizenship

Welcome to Maggie McCann

Maggie McCann has joined the Camden County 4-H staff as a program assistant.

A 2008 graduate of the University of Hawai'i, Maggie will be working on the new Children, Youth, and Families At-Risk (CYFAR) grant and be conducting programming on global climate change and working with urban youth.

We look forward to her contributions in expanding 4-H into urban areas of Camden County.



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